



Common career education terms

Developing and implementing a career education plan requires a shared understanding of terminology. Below is a selection of career-related terms that are commonly used, as defined in the Career Industry Council of Australia's (CICA) *Professional Standards for Career Development Practitioners*. These definitions are consistent with the *Preparing Secondary Students for Work* framework.

Career development

The lifelong process of managing learning, work, leisure and transitions in order to move towards a personally determined and evolving future. Career development may be defined as the complex process of managing life, learning, and work over the lifespan.

Career development services

A wide range of programs and services provided in many different jurisdictions and delivery settings. Their objective is to assist individuals to gain the knowledge, skills, attitudes and behaviours to manage their life, learning and work in self-directed ways.

Career development practitioner

An umbrella term that refers to any direct service provider in the career development field. Any direct service provider who plays a part in facilitating learning that fosters career development.

Career education

The development of knowledge, skills and attitudes through a planned program of learning experiences in education and training settings which will assist students to make informed decisions about their study and/or work options and enable effective participation in working life.

Careers adviser

Careers advisers provide a service that facilitates career decision-making. In addition they provide timely and authoritative advice

and information to students, colleagues and parents for use in school programs.

Career counselling

An individual or group process which emphasises self-awareness and understanding, and facilitates people to develop a satisfying and meaningful life/work direction as a basis to guide learning, work and transition decisions, as well as manage responses to changing work and learning environments over the lifespan.

Career guidance

Services intended to assist individuals, of any age and at any point throughout their lives, to make educational, training and occupational choices and to manage their careers. A range of interventions including career education and counselling, that help people to move from a general understanding of life and work to a specific understanding of the realistic learning and work options that are open to them.

Career information

Information (print, electronic, personal contacts and other resources) that assists the process of career development. Career information includes occupational and industry information, education and training information and social information related to the world of work.

